



pcmarc

A higher degree of play

Because you don't know, until you know!



Fitness Floor 101

The PC MARC is now offering a introductory fitness floor orientation! Learn how the different machines work, the different areas of the fitness floor, etiquette, as well as get answers to any questions you may have.

Day: Wednesdays, February 10th and 24th

Time: February 10th: 9:30am -10:00am

February 24th: 6:00pm – 6:30pm

Location: PC MARC Fitness Floor (Meet at Trainer's Desk)

Fee: Daily Drop in rates apply (or included in pass)

Park City Recreation

435-615-5400

www.parkcityrecreation.org



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precreation