



pcaquatics

A higher degree of play

# Summer Aquafit



Jump in with the most upbeat community in the pools! Aquafit goes beyond low impact strength training, balance work, and creative cardio. It is a community of support that you can enjoy 6 days a week this summer season.

Age: 16 years +

Day: Monday- Friday

Date: June 7 - September 10

Time: Monday - Friday Aquafit 8:30 am - 9:30 am

Location: PC MARC Leisure Pool

Fee: \$10.00 resident drop in/ included in fitness class add on

Deadline: Drop ins welcome

**Park City Recreation**  
1200 Little Kate Road  
435-615-5400  
[www.parkcityrecreation.org](http://www.parkcityrecreation.org)