

# **PRIVATE LESSONS**

www.parkcityice.org

#### FOR FIGURE SKATING OR HOCKEY

Who can take private lessons? Any skater of any age or ability level can take private lessons at any time. It is not necessary to complete all levels of the Park City Skating Academy or Hockey Academy before beginning private lessons. Skaters who want to progress more quickly through the figure skating levels and who want to compete and test through U.S. Figure Skating should take private lessons. Hockey players who need to focus on their power skating skills, agility or speed should also consider private lessons.

How do you choose a coach? All of our coaches' bios are located on this flyer. If you know who you would like to work with, you may contact them directly to schedule lessons. If you are unsure, contact the Skating or Hockey Academy Director to help you schedule lessons.

When can you take private lessons? Figure skaters may take lessons during any scheduled Open Skate session, freestyle session or during Figure Skating Club time. Hockey players working on skating skills may take a lesson during any Open Skate session, but lessons utilizing a stick and a puck must be scheduled during a Stick & Puck session.

How do you pay for private lessons? Skaters will need to pay appropriate admission fees for ice time and skate rental at the front office of the Park City Ice Arena. Professionals will be paid directly for private lessons. Rates vary by instructor and run from \$20-\$40 per 1/2 hour lesson.

#### Still have more questions?

Contact the Skating Academy Director at (435) 615-5704 or the Hockey Academy Director at (435) 615-5702.

# HOCKEY INSTRUCTORS

#### **JOSH ANGEVINE**

Josh started playing hockey when he was four years old and has been involved in the game for almost 30 years. Josh is a USA Hockey Level 4 coach and is an insured private instructor. Josh specializes in power skating, edge control, puck handling, shooting and positioning. Josh started coaching in 1995 and has developed his coaching style while working with national level coaches. Josh has coached all levels from recreational mini mites to a U16 National contending hockey team. Josh works with youth and adults, beginner to expert, and everything in between!

joshangevine@yahoo.com (303) 819-1926

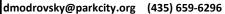
#### **MIKE ADAMEK**

Mike has been involved in hockey for over 25 years. Mike's hockey career included: 4 yrs at NCAA Div 1 Lake Superior State, in Michigan, 4 yrs of Junior A hockey in the USHL and NAHL and nearly 100 professional games with the Boise Steelheads, Utah Grizzlies and Tulsa Oilers. Mike has been coaching at the Tier 1 level for over five years. Mike has been coaching youth hockey for over 8 years and currently serves as Park City Ice Miners Under 16AA, Head Coach. Coach Adamek specializes in skill progression and skating skills.

minersu16@gmail.com (208)841-9619

#### DEBBIE MODROVSKY

Debbie grew up in Lake Placid, NY (Yes, she was at the Miracle in 1980). She played college hockey at Clarkson University, where she was Team Captain and a leading scorer. Debbie is a Level 4 USA Hockey certified coach and coaching education instructor. She has coached at many levels of hockey from Mites to High School. Debbie plays for the Salt Lake Black Diamonds. Debbie is the PCIA Hockey Academy Director. Debbie specializes in skating skills and skills progression.





#### STRENGTH & CONDITIONING—HADLEY ALLEN



Hadley Allen transformed herself from an elite Juilliard degreed Violist to one of the more dynamic, experienced, and highly credentialed physical fitness professionals in the Chicagoland area. Perhaps it's her unique artistic talents that make Hadley especially sensitive to her training clients needs. Numerous testimonials attest to qualities of personal compassion as well as knowledge of the latest in the art and science of exercise physiology and nutrition.

Hadleyallenfitness@gmail.com (312) 550-7033

# SKATING INSTRUCTORS

All Park City Ice Arena Instructors are registered USFS and PSA Coaches.

## STEPHANIE CHACE BASS

Stephanie is a former National and International competitor for the US. She is a Gold Medalist in freestyle and Moves in the Field. She has traveled the world as a professional show skater. She holds a PSA Certified Choreography rating. She specializes in choreography and is available as a primary coach.



stephbass22@yahoo.com (435) 590-5203

# TRINA ERHARD

Trina has over 20 years experience. She holds a PSA level III ranking. She has worked with athletes of all ages and levels as well as with elite level athletes who have competed at regional, sectional, national and international events. Trina is available as a primary coach.





#### **GISELLE GORDER**

Giselle was a regionally and nationally ranked competitive skater as well as a featured skater in 2002 Winter Olympics opening/closing ceremonies and in professional ice shows internationally. Giselle is a Gold Medalist in Freestyle and Moves in the Field and a Silver Medalist in Ice Dance. She specializes in choreography and is available as a primary coach.





#### LILI LAMAR

Lili was a competitive ice dancer. She was a silver medalist as an Intermediate in the US and representing Denmark, a 3-time Danish National Champion. Lili was a world and international ice dance competitor. She specializes in ice dance, edge quality and power skating.

liliklamar19@gmail.com (516) 350-2805



## CHRIS OBZANSKY

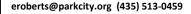
Chris competed for 12 years with Team USA as an internationally ranked ice-dancer. Some of the highlights of his ice-dancing career include becoming a three-time national medalist at the US Figure Skating Championships, 2001 Junior Grand Prix gold medalist in Harbin, China, and Junior World team member. Chris is available for ice dance and stroking lessons.

(425) 301-7419



## **ERIKA ROBERTS**

Erika is a PSA Master Rated in Group & Synchronized Team & Moves in the Field and holds a Level IV ranking. Erika is a Gold Medalist in Ice Dance and Moves in the Field and a Silver medalist in Freestyle. She specializes in Moves in the Field, ice dance and synchro as a secondary coach.





#### SHANNON BENNETT



Shannon is a former Regional Champion, National alternate and Minnesota State Champion. She is a Silver medalist in Figures and Freestyle, holds a PSA Certified Rating in Free Skate, and a LEVEL II PSA Hockey Certification. She is also a power skating coach for the Ice Miners and works with developing skating skills for the hockey player. Shannon specializes in spins and power skating and is available as a primary coach.

bennett1621@me.com (435) 901-1401

#### ANGIE FISHLER



Angie skated competitively for 10 years. She is a Gold Medalist in Freestyle, Moves in the Field, and Ice Dance. She has in-depth knowledge of the new IJS judging system. Angie specializes in IJS lessons and is available as a primary coach.

afishler28@gmail.com (801) 518-8885

# KINSLEY JOHNSON



Kinsley has been teaching since 1998 in both Utah and California. She is a former sectional competitor. Kinsley is a Silver Medalist in Freestyle and Moves in the Field. She specializes in jump technique and the off-ice harness as a secondary coach.

kinsleyksmith@gmail.com (805) 368-0291

#### TIFFANY MCNEIL



Tiffany skated competitively for 15 years at the regional, sectional and national levels. Tiffany is a Gold Medalist in Freestyle, Moves in the Field and Ice Dance. She holds a PSA Senior rating in Free Skating. Tiffany is available as a primary coach.

sk8ingtiff@msn.com (801) 783-9756

# **JOANNE RUPINSKAS**



Joanne began teaching Massachusetts in 2003 and continued coaching in Texas for six years. Her 10-year competitive career included competing at the Adult Sectional Level and six trips to USFS Adult Nationals. She is also a classically trained ballet dancer. She specializes in adults, Basic Skills and is available for private ballet lessons.

joannerupinskas@yahoo.com (214) 674-1225

## HALEY SMITH



Haley skated competitively for 10 years. Haley competed nationally and internationally as a Synchronized Skater. Haley is a Silver medalist in Ice Dance and Bronze medalist in Moves in the Field. Haley holds Registered Ratings in Group and Moves in the Field. She specializes in Moves in the Field, synchro, & Basic Skills and is available as a primary coach.

haley.e.smth@gmail.com (435)901-3390